

Identifying multi-agency, trauma-informed and integrated solutions for unmet need of individuals experiencing homelessness in Northumberland and North Tyneside

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Why this research?



Background

- People experiencing homelessness – high levels of social vulnerabilities and mental ill-health pre-existed COVID-19
- Disproportionately affected by impacts of the COVID-19 pandemic
- People experiencing homelessness often present at emergency departments (ED) – seen as a *place of safety*
- Reflects underlying complex health and social needs: such as housing, employment, financial adversity, domestic abuse and mental health problems



Our collaboration



CHANGING LIVES



Need identified by our partnership

We know that there is support available to these populations across Northumberland and North Tyneside, however, the route into this support is often complex.

Need for *trauma-informed approaches* in support.

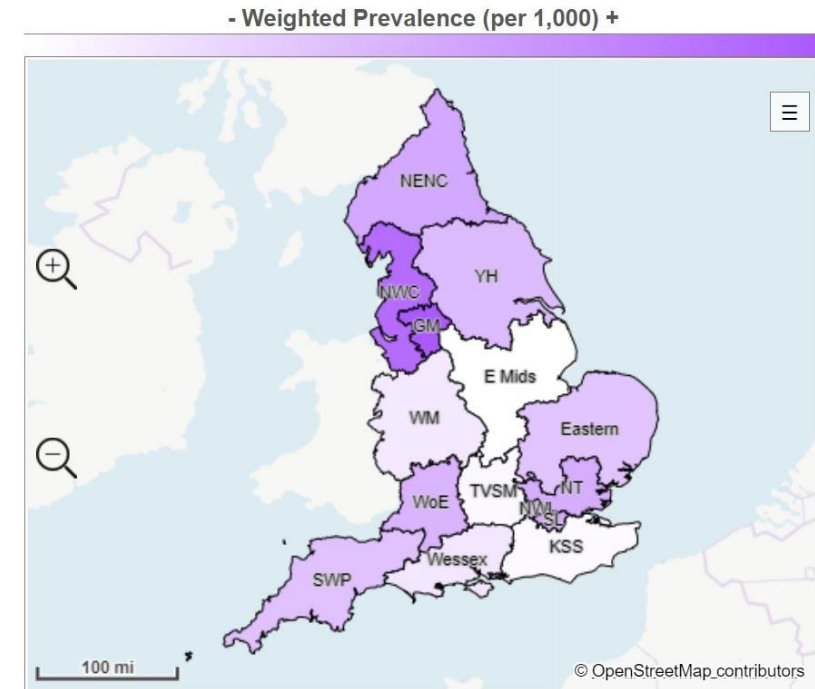


Research funding opportunity



NIHR Research for Social Care – Mental health research in Northern England

- High mental health burden
- High unmet social care need
- Historically underserved by research activity



Ambitions of our research

- Increase research capacity in regions (Northumberland and North Tyneside) and populations under-represented in mental health research
- Increase range of settings: social care, health, voluntary sector and early career researchers

UK Mental Health Research Goals 2020-30

- Create evidence to improve support for mental health problems
- Reducing barriers to accessing support, improving choice, and tackling social and health inequalities to improve public mental health



Aim of project

To identify:

- Multi-agency support – holistic support to deal with health and social vulnerabilities, and support to navigate the complex systems
- Adopting *trauma-informed approaches* in support
- To address the health and social vulnerabilities and mental health needs related to homelessness in Northumberland and North Tyneside



Research so far

1. Understanding the health and social care needs of people presenting at emergency services (quantitative study)
2. Understanding of factors leading to people frequently needing emergency care in Northumberland and North Tyneside (qualitative study)
3. Understanding the support available for people experiencing homelessness and the relationships between support in Northumberland and North Tyneside (social network analysis)



Thank you

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